

LAVA MELTDOWN 2020

March 13

5:00 pm	Set up for the pot luck, Registration opens
5:30 – 7:00	Potluck (hosted by Ray and Carrie)
7:00 – 7:30	Clean up: food, chairs, tables away, sweep
7:30 – 8:45	Aquae Sulis Silver Sail with Seth Tepfer
8:45 – 9:00	Break, Snacks
9:00 – 10:30	Aquae Sulis Silver Sail with Seth Tepfer
10:30 – 10:45	Sweep, clean up, set up for breakfast
10:45 pm	Good night! Hall locked

March 14

8:00 am	Hall opens; coffee, tea, hot water available
8:30 – 9:30	Breakfast by Brenda
9:30 – 9:45	Clean up, put away chairs & tables, sweep
9:45 – 10:45	Shadow Play Izzy & Friends with Seth Tepfer
10:45 – 11:00	Break
11:00 – 12:00	Contra Flourishes Izzy & Friends with Seth Tepfer
12:00 – 12:15	Set up tables & chairs for lunch
12:15 – 1:15	Lunch by Brenda
12:30 – 1:15	Contra Calling 101 (sign up by 11:00 to attend)
1:15 – 1:30	Clean up: tables, chairs, food away, sweep
1:30 – 2:45	Contra a Go Go Silver Sail with [Open Mic]
2:45 – 3:00	Break
3:00 – 4:00	Waltz Workshop with instruction by Seth Tepfer
4:00 – 4:15	Sweep, set up tables & chairs for dinner
4:15 – 6:15	Break: go soak, rest
6:15 – 7:15	Dinner on Your Own (see restaurant list at desk)
7:15 – 7:30	Clean up, buy CDs
7:30 – 8:45	Lava Meltdown Silver Sail with Seth Tepfer
8:45 – 9:00	Break
9:00 – 10:30	Lava Meltdown Silver Sail with Seth Tepfer
10:30 – 10:45	Sweep, chairs & tables up (leave room for yoga)
10:45 pm	Good night! Hall locked

March 15

7:45 am	Hall opens; coffee, tea available
8:00 – 9:00	Yoga with Keirshia (mats provided if needed)
9:00 – 9:15	Move tables & chairs a bit, set up for brunch
9:15 – 10:00	Brunch by Brenda
10:15 – 10:30	Chairs away, sweep
10:30 – 12:00	Farewell Contra Silver Sail & Seth Tepfer
12:00 – 12:15	Break; buy CDs
12:15 – 1:30	Farewell Contra Silver Sail & Seth Tepfer
1:30 – 3:00	Goodbyes, gather up ALL your stuff, clean up: gather trash, clean restrooms, help with food/kitchen, sweep, mop, help haul out sound equipment & kitchen stuff...

FRIDAY

Potluck Set Up & Dinner (5:00p – 7:00p)
Starring ... You and the food you signed up to bring.

Aquae Sulis (7:30p – 10:30p)
S³ – Seth, Sulis (the goddess of thermal springs) and Silver Sail – welcome you to Lava Meltdown 2020. Let's Dance!!

SATURDAY

Shadow Play (9:45a – 10:45a)
*Fun and games that connect you with your **other** dance partner.*

Contra Flourishes (11:00a – 12:00p)
Taking your contra dance moves to the next level.

Contra Calling 101 (12:30p – 1:15p)
Ever wanted to give calling a whirl? Sign up to eat lunch with Seth.

Contra a Go Go (1:30p-2:45p)
Your Dance Trance courtesy of a revolving cast of experienced & novice callers.

Waltz Workshop (3:00p – 4:00p)
Fun for beginners, intermediates, and advanced waltz wizards

Lava Meltdown (7:30 – 10:30)
*Dance 'til your feet catch fire.
 Hot Hot Hot!*

SUNDAY

Morning Yoga (8:00a – 9:00a)
Gentle yoga to help you stretch out and gear up for our final day of dance.

Farewell Contra (10:30a – 1:30p)
Before we all Sail away to our next port of call... Let's Dance!

The Really Important Part (1:30 – 3:00)
Be a superhero and help us put Lava Meltdown to bed until next year